

Other Support Available During Coronavirus Crisis

Cumbria Law Centre

- Free and impartial advice on Housing, Employment and Welfare Benefit issues.
- Primarily telephone and email advice.
- 01228 515129 or email reception@cumbria-law.org.uk including a phone number.



Cumbria County Council Emergency Support Helpline

- an emergency support service for people at high risk of becoming seriously ill, as a result of COVID-19, and who do not have support available from friends, family or neighbours. Call to request help with getting food, medicines, essential supplies and home deliveries.
- 0800 783 1966.



ACAS Helpline

- Employment issues
- 0300 123 1100



**citizens
advice**

**Carlisle
& Eden**

Help available during Coronavirus Crisis

Reception number
03300 563037

(Not for advice, but for referrals for money advice appointments, Foodbank and Macmillan)

Email Support

via Contact Us page on our website - www.ca-ce.org.uk

Direct Phone Advice

03444 111 444

Adviceline - for general advice issues

0800 1448 444

Help to Claim Universal Credit

0808 223 1133

Consumer Helpline

Online Support

www.citizensadvice.org.uk.

Includes pages on Coronavirus support schemes and "Help to Claim" Universal Credit service.