



# CASTLE PARK SCHOOL WEEK 1



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Pork Meatballs in Gravy</b> served with Whole Wheat Pasta, Fresh Carrots and Garden Peas	<b>Cheesy Omelette</b> served with Herby Diced Potatoes, Mixed Vegetables and Salad	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Chocolate Ice Cream Roll with Mandarins</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Tuesday</b>	<b>Pepperoni Pizza</b> served with Jacket Wedges, Garden Peas and Tomato Ketchup	<b>Mince &amp; Yorkshire Pudding</b> served with New Potatoes, Fresh Cauliflower and Garden Peas	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Fresh Fruit Pot</b> or Iced Vanilla Sponge & Milkshake or Cheese & Biscuits Frozen Yoghurt
<b>Wednesday</b>	<b>Roast Chicken</b> served with Roast Potatoes, Fresh Broccoli, Fresh Carrots and Gravy	<b>Fish Cake</b> served with Chips and Peas	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Jam Roly Poly with Cream</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Thursday</b>	<b>Oven Baked Fish Fingers</b> served with Chips, Garden Peas and Tomato Ketchup	<b>Vegetable Lasagne</b> served with Garlic Bread and Salad	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Fresh Fruit Pot</b> or Chocolate Crunch with a Milk Drink or Cheese & Biscuits Frozen Yoghurt
<b>Friday</b>	<b>Sweet Tomato Pasta</b> served with Crusty Bread and Mixed Salad	<b>Sweet &amp; Sour Chicken</b> served with Brown Rice and Sweetcorn	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Cookie with a Milk Drink</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt

**Available Daily: Fresh Fruit and Bread!**


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# CASTLE PARK SCHOOL WEEK 2



DAY	CHOICE 1 	CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Chicken &amp; Vegetable Pasta Bake</b> served with Crusty Bread, Garden Peas and Salad	<b>Fish Goujons</b> served with Potato Wedges, Carrot Batons and Salad	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Shortbread and Milkshake</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Tuesday</b>	<b>Cheesy Whirls</b> served with 1/2 Jacket Potato, Peas and Sweetcorn	<b>Fresh Chicken Drumstick</b> served with Chips, Peas and Sweetcorn	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Fresh Fruit Pot</b> or Iced Carrot Cake or Cheese & Biscuits Frozen Yoghurt
<b>Wednesday</b>	<b>Roast Beef &amp; Yorkshire Pudding</b> served with Fresh Roast Potatoes, Fresh Carrot & Turnip and Gravy	<b>Macaroni Cheese</b> served with Crusty Bread, Salad and Carrot Sticks	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Strawberry Jelly and Fruit Cocktail</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Thursday</b>	<b>Locally Sourced Cumberland Sausage</b> served with Creamed Potatoes, Baked Beans and Salad	<b>Minced Beef Lasagne</b> served with Garlic Bread, Coleslaw and Chopped Salad	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Fresh Fruit Pot</b> or Chocolate Sponge & Chocolate Sauce or Cheese & Biscuits Frozen Yoghurt
<b>Friday</b>	<b>Breaded Salmon Fillet</b> served with Potato Slices, Mixed Vegetables and Fresh Broccoli	<b>Fish Fingers</b> served with Chips, Mixed Vegetables and Tomato Ketchup	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Australian Crunch and Milkshake</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt

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# CASTLE PARK SCHOOL WEEK 3



DAY	CHOICE 1		CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Sweet Tomato Pasta</b> served with Garden Peas and Green Beans		<b>Sausage Roll</b> served with Potato Slices, Garden Peas, Green Beans and Gravy	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Fruity Flapjack and Milkshake</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Tuesday</b>	<b>Cottage Pie</b> served with Broccoli and Beetroot		<b>Fish Fillet</b> served with Chips, Peas and Tomato Sauce	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Fresh Fruit Pot</b> or Raspberry Muffin and Cream or Cheese & Biscuits Frozen Yoghurt
<b>Wednesday</b>	<b>Roast Pork &amp; Apple Sauce</b> served with Roast Potatoes, Fresh Carrots, Fresh Cauliflower and Gravy		<b>Crispy Chicken Fillet in a Bun</b> served with Salad and Sweetcorn	<b>Oven Baked Jacket Potato</b> with a choice of Grated Cheese, Beans or Tuna served with Mixed Salad	<b>Iced Marble Cake and a Milk Drink</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt
<b>Thursday</b>	<b>Cheese &amp; Tomato Pizza</b> served with Potato Wedges, Carrot & Cucumber Sticks and Salad		<b>Chicken Korma</b> served with Brown Rice, Naan Bread and Salad	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Fresh Fruit Pot</b> or Kitchen Made Syrup Sponge and Custard or Cheese & Biscuits Frozen Yoghurt
<b>Friday</b>	<b>Spaghetti Bolognese</b> served with Garlic Bread and Salad		<b>Cheese &amp; Potato Pie</b> served with Chopped Mixed Salad, Coleslaw and Baked Beans	<b>Soft Roll</b> with a choice of Grated Cheese, Tuna or Ham served with Mixed Salad	<b>Chocolate Brownie</b> or Cheese & Biscuits Fresh Fruit or Frozen Yoghurt

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